



April 2024 BREAKFAST






MONDAY

TUESDAY

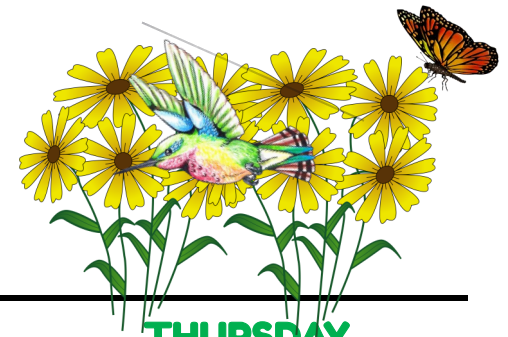
WEDNESDAY

THURSDAY

<p>1 CLOSED</p> 	<p>2 Waffle Sticks 17 gm / Syrup Mandarin Oranges 1/2 c Milk 3/4 c</p>	<p>3 Crispix Cereal 3/4 c Fruit Mix 1/2 c Milk 3/4 c</p>	<p>4 Blueberry Muffins 28 gm Grapes 1/2 c Milk 3/4 c</p>
<p>8 Cream Of Wheat 1/4 c Pineapple 1/2 c Milk 3/4 c</p>	<p>9 Toast 14 gm Mandarin Oranges 1/2 c Milk 3/4 c</p>	<p>10 Cinnamon Rounds 14 gm Applesauce 1/2 c Milk 3/4 c</p>	<p>11 Toasted Oats 3/4 c Banana 1 ea Milk 3/4 c</p>
<p>15 Oatmeal 1/4 c Peaches 1/2 c Milk 3/4 c</p>	<p>16 Corn Flakes 1/2 c Grape Juice 1/2 c Milk 3/4 c</p>	<p>17 Waffle Sticks 17 gm / Syrup Pineapple 1/2 c Milk 3/4 c</p>	<p>18 Blueberry Muffins 28 gm Applesauce 1/2 c Milk 3/4 c</p>
<p>22 Kix Cereal 3/4 c Peaches 1/2 c Milk 3/4 c</p>	<p>23 English Muffin 14 gm Orange Slices 1/2 c Milk 3/4 c</p>	<p>24 Shredded Wheat 3/4 c Grape Juice 1/2 c Milk 3/4 c</p>	<p>25 NO SCHOOL PARENT / TEACHER CONFERENCES</p>
<p>29 Waffle Sticks 17 gm / Syrup Pineapple 1/2 c Milk 3/4 c</p>	<p>30 Kix Cereal 3/4 c Peaches 1/2 c Milk 3/4 c</p>	  <p>HEAD START Child & Family DEVELOPMENT PROGRAM, INC. WHERE FAMILIES THRIVE</p>	



April 2024 LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

<p>1</p> <h1>CLOSED</h1> 	<p>2</p> <p>Spaghetti & Meat Sauce 1.5 oz Baby Carrots 1/4 c Peaches 1/4 c Milk 3/4 c</p>	<p>3</p> <p>Diced Ham 1.5 oz Scalloped Potatoes 1/4 c Dinner Roll 14 gm Pineapple 1/4 c Milk 3/4 c</p>	<p>4</p> <p>Pulled Pork 1.5 oz Potato Tots 1/4 c Bread 14 gm Applesauce 1/4 c Milk 3/4 c</p>
<p>8</p> <p>Sweet & Sour Chicken 1.5 oz Rice 1/4 c Broccoli 1/4 c Pineapple 1/4 c Milk 3/4 c</p>	<p>9</p> <p>Goulash #10 scoop Green Beans 1/4 c Apple Wedges 1/4 c Milk 3/4 c</p>	<p>10</p> <p>Turkey 1.5 oz Mashed Potatoes 1/4 c Bread 14 gm Oranges 1/4 c Milk 3/4 c</p>	<p>11</p> <p>Tuna & Noodles 1.5 oz Peas 1/4 c Peaches 1/4 c Milk 3/4 c</p>
<p>15</p> <p>English Muffin Beef Pizza 1.5 oz French Fries 1/4 c Mandarin Oranges 1/4 c Milk 3/4 c</p>	<p>16</p> <p>Baked Chicken 1.5 oz Brussels Sprouts 1/4 c Bread 14 gm Fruit Mix 1/4 c Milk 3/4 c</p>	<p>17</p> <p>Spaghetti & Meat Sauce 1.5 z Lettuce 1/4 c Peaches 1/4 c Milk 3/4 c</p>	<p>18</p> <p>Pulled Pork 1.5 oz Coleslaw 1/4 c Pineapple 1/4 c Bread 14 gm Milk 3/4 c</p>
<p>22</p> <p>Creamed Chicken & Biscuit 1.5 oz Broccoli 1/4 c Mandarin Oranges 1/4 c Milk 3/4 c</p>	<p>23</p> <p>Egg Pattie 1.5 oz Tator Tots 1/4 c Toast 14 gm Strawberries 1/4 c Milk 3/4 c</p>	<p>24</p> <p>Breaded Chicken Nuggets 1.5 oz Corn 1/4 c Peaches 1/4 c Milk 3/4 c</p>	<p>25</p> <p>NO SCHOOL PARENT / TEACHER CONFERENCES</p>
<p>29</p> <p>Spaghetti & Meat Sauce 1.5 oz Lettuce Salad 1/4 c Apricots 1/4 c Milk 3/4 c</p>	<p>30</p> <p>Mini Corndogs 1.5 oz Green Beans 1/4 c Applesauce 1/4 c Milk 3/4 c</p>	  <p>HEAD START Child & Family DEVELOPMENT PROGRAM, INC.</p> <p>WHERE FAMILIES THRIVE</p>	



April 2024 SNACK






MONDAY

TUESDAY

WEDNESDAY

THURSDAY

<p>1</p> <h1>CLOSED</h1> 	<p>2</p> <p>English Muffin 14 gm / Jelly Milk 1/2 c</p>	<p>3</p> <p>Animal Crackers 11 gm Applesauce 1/2 c Water</p>	<p>4</p> <p>Hard Cooked Egg 1 ea Saltine Crackers 11 gm Water</p>
<p>8</p> <p>Goldfish Crackers 10 gm Milk 1/2 c</p>	<p>9</p> <p>Sunbutter 1 TBsp Celery 1/2 c</p>	<p>10</p> <p>Banana 1 whole Yogurt 4 oz</p>	<p>11</p> <p>Baby Carrots 1/2 c Ranch Dressing Milk 1/2 c</p>
<p>15</p> <p>Bagel 13 gm w/Cream Cheese Milk 1/2 c</p>	<p>16</p> <p>Apple Wedges 1/2 c Milk 1/2 c</p>	<p>17</p> <p>Cheese Sandwich .5</p>	<p>18</p> <p>Cottage Cheese 1/4 c Peaches 1/2 c</p>
<p>22</p> <p>Bug Bite Crackers 14 gm Milk 1/2 c</p>	<p>23</p> <p>Orange Slices 1/2 c Milk 1/2 c</p>	<p>24</p> <p>Goldfish Crackers 10 gm Milk 1/2 c</p>	<p>25</p> <p>NO SCHOOL PARENT / TEACHER CONFERENCES</p>
<p>29</p> <p>String Cheese 1/2 oz Club Crackers 11 gm</p>	<p>30</p> <p>Strawberries 1/2 c Hard Pretzels 11 gm</p>	  <p>HEAD START Child & Family DEVELOPMENT PROGRAM, INC.</p> <p>WHERE FAMILIES THRIVE</p>	