



April 2024 Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p><i>Rice Crispie Cereal (1/3 cup)</i> <i>Mandarin Oranges (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>3</p> <p><i>Oatmeal (1/3 cup)</i> <i>Grape Juice (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>4</p> <p><i>Cheese Rounds (.5 oz.)</i> <i>Applesauce (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>
<p>8</p> <p><i>Kix Cereal (1/2 cup)</i> <i>Mixed Fruit (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>9</p> <p><i>Cheese quesadillas (.5 oz.)</i> <i>Pineapple (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>10</p> <p><i>French Toast (35 gm.)</i> <i>Oranges (1/2 each)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>11</p> <p><i>Malt-O-Meal (1/3 cup)</i> <i>Peaches (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>
<p>15</p> <p><i>Cornflakes (1/2 cup)</i> <i>Applesauce (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>16</p> <p><i>Bagels (14 gm.)</i> <i>Pears (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>17</p> <p><i>Pancakes (17 gm.)</i> <i>Strawberries (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>18</p> <p><i>Blueberry Muffins (28 gm.)</i> <i>Mixed Fruit (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>
<p>22</p> <p><i>Cheerios Cereal (1/2 cup)</i> <i>Pineapple (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>23</p> <p><i>Waffles (17 gm.)</i> <i>Tropical Fruit (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>24</p> <p><i>Eggs (28 gm.)</i> <i>Mango Chunks (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>25</p> <p>NO SCHOOL</p>
<p>29</p> <p><i>Frosted Mini Wheats (1/2 cup)</i> <i>Pineapple (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>30</p> <p><i>Cheese Rounds (.5 oz.)</i> <i>Peaches (1/2 cup)</i> <i>Skim Milk (3/4 cup)</i></p>		



April 2024 Lunch

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<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p><i>Spaghetti/Meat Sauce (1.5 oz.)</i> <i>Green Beans (1/4 cup)</i> <i>Pears (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>3</p> <p><i>Chicken Nuggets (1.5 oz.)</i> <i>Tater Tots (1/4 cup)</i> <i>Peaches (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>4</p> <p><i>Chicken & Noodles (1.5 oz.)</i> <i>Carrots (1/4 cup)</i> <i>Tropical Fruit (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>
<p>8</p> <p><i>Hamburger Pizza (1.5 oz.)</i> <i>Spinach Salad (1/4 cup)</i> <i>Applesauce (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>9</p> <p><i>Mandarin Orange Chicken (1.5 oz.)</i> <i>Broccoli (1/4 cup)</i> <i>Pears (1/4 cup) Rice (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>10</p> <p><i>Sloppy Joe/Bun (1.5 oz.)</i> <i>Lettuce Salad (1/4 cup)</i> <i>Tropical Fruit (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>11</p> <p><i>Chicken Patties (1.5 oz.)</i> <i>Mashed Potatoes (1/4 cup)</i> <i>Mango Chunks (1/4 cup) Bread</i> <i>Skim Milk (3/4 cup)</i></p>
<p>15</p> <p><i>Turkey Sandwich (1.5 oz.)</i> <i>Carrots (1/4 cup)</i> <i>Oranges (1/2 each)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>16</p> <p><i>Breaded Mozzarella Cheese (1.5 oz.)</i> <i>Lettuce Salad (1/4 cup)</i> <i>Tropical Fruit (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>17</p> <p><i>Turkey Pasta Salad (1.5 oz.)</i> <i>Mixed Vegetables (1/4 cup)</i> <i>Peaches (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>18</p> <p><i>Hamburgers/Bun (1.5 oz.)</i> <i>French Fries (1/4 cup)</i> <i>Mandarin Oranges (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>
<p>22</p> <p><i>Chicken Fajitas/Tortilla (1.5 oz.)</i> <i>Mixed Vegetables (1/4 cup)</i> <i>Pears (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>23</p> <p><i>Meatloaf (1.5 oz.)</i> <i>Spinach Salad (1/4 cup)</i> <i>Mandarin Oranges (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>24</p> <p><i>Beef Stroganoff (1.5 oz.)</i> <i>Corn (1/4 cup)</i> <i>Applesauce (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>25</p> <p>NO SCHOOL</p>
<p>29</p> <p><i>Chicken Enchiladas (1.5 oz.)</i> <i>Lettuce Salad (1/4 cup)</i> <i>Pears (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>	<p>30</p> <p><i>Taco Bake (1.5 oz.)</i> <i>Corn (1/4 cup)</i> <i>Mango Chunks (1/4 cup)</i> <i>Skim Milk (3/4 cup)</i></p>		



April 2024 Snack

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THURSDAY

<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p><i>Cheese Sandwich (1/2 each)</i> <i>Water</i></p>	<p>3</p> <p><i>Cottage Cheese (1/4 cup)</i> <i>Peaches (1/2 cup)</i> <i>Water</i></p>	<p>4</p> <p><i>Bug Bites Crackers (14 gm)</i> <i>Skim Milk (1/2 cup)</i></p>
<p>8</p> <p><i>Goldfish Crackers (1 oz.)</i> <i>Skim Milk (1/2 cup)</i></p>	<p>9</p> <p><i>String Cheese (1/2 oz.)</i> <i>Club Cracker (11 gm.)</i> <i>Water</i></p>	<p>10</p> <p><i>Strawberries (1/2 cup)</i> <i>Hard Pretzels (11 gm.)</i> <i>Water</i></p>	<p>11</p> <p><i>Tortilla Chips (14 gm.)</i> <i>Salsa</i> <i>Apple Juice (1/2 cup)</i></p>
<p>15</p> <p><i>Broccoli Forets (1/2 cup)</i> <i>Ranch Dressing</i> <i>Skim Milk (1/2 cup)</i></p>	<p>16</p> <p><i>Cheese-It Crackers (11 gm.)</i> <i>Skim Milk (1/2 cup)</i></p>	<p>17</p> <p><i>Strawberry Yogurt (4 oz.)</i> <i>Banana (1/2 cup/1 each)</i> <i>Water</i></p>	<p>18</p> <p><i>Simply Chex (14 gm.)</i> <i>Skim Milk (1/2 cup)</i></p>
<p>22</p> <p><i>Turkey Sandwich (1/2 oz.)</i> <i>Water</i></p>	<p>23</p> <p><i>Mixed Fruit Cup (1/2 c.)</i> <i>Saltine Crackers (11 gm.)</i> <i>Water</i></p>	<p>24</p> <p><i>Breadstick with Mozzarella (1 ea.)</i> <i>Marinara Sauce</i> <i>Water</i></p>	<p>25</p> <p>NO SCHOOL</p>
<p>29</p> <p><i>Animal Crackers (11 gm.)</i> <i>Applesauce (1/2 cup)</i> <i>Water</i></p>	<p>30</p> <p><i>Hard Cooked Egg (1 each)</i> <i>Saltine Crackers (11 gm.)</i> <i>Water</i></p>	<p>HEAD START Child & Family DEVELOPMENT PROGRAM, INC.</p>	