May 2024 - Breakfast



Mon	Tue	Wed	Thu
		1	2
		French Toast (35 gm.) Applesauce (1/2 cup) Skim Milk (3/4 cup)	Oatmeal (1/3 cup) Strawberries (1/2 cup) Skim Milk (3/4 cup)
6	7	8	9
Rice Crispie Cereal (1/2 cup) Pears (1/2 cup) Skim Milk (3/4 cup)	Cheese Rounds (.5 oz.) Orange Juice (1/2 cup) Skim Milk (3/4 cup)	Have a safe and	happy summer!
20	HEAD	ild & Fa	mily -
27	DEVEL	OPMENT PROGRA	M, INC.
WHE	RE FA	MILIES T	HRIVE

May 2024 - Lunch

Mon	Tue	Wed	Thu
		1 Spaghetti/Meat Sauce (1.5 oz.) Green Beans (1/4 cup) Mandarin Oranges (1/4 cup) Skim Milk (3/4 cup)	2 Turkey Sandwich (1.5 oz.) Carrots (1/4 cup) Applesauce (1/4 cup) Skim Milk (3/4 cup)
6	7	8	9
Hamburgers/Buns (1.5 oz.) Sweet Potato Fries (1/4 cup) Peaches (1/4 cup) Skim Milk (3/4 cup)	Chicken & Noodles (1.5 oz.) Carrots (1/4 cup) Applesauce (1/4 cup) Skim Milk (3/4 cup)	Have a safe and	happy summer!
13	HEAD	START	
20	(DEVELO	PMENT PROGRA	M, INC.
W H E	RE FAN	ILLES T	HRIVE

May 2024 - Snack



Mon	Tue	Wed	Thu	
		1	2	
		Cauliflower (1/2 cup) Ranch Dressing Skim Milk (1/2 cup)	Almond/Peanut Butter Celery (1/2 cup) Skim Milk (3/4 cup)	
6	7	8	9	
Bagels (13 gm.) Cream Cheese Skim Milk (1/2 cup)	Apple Wedges (1/2 cup) Skim Milk (1/2 cup)	Have a safe and	happy summer!	
13	7.4	16	17	
HEAD START Child & Family DEVELOPMENT PROGRAM, INC.				
w H E	RE FAM	LIES T	HRIVE	