

Octubre 2025

Menu de desayunos



Lunes	Martes	Miércoles	Jueves
		1 <i>Pancakes (17 gm.)</i> <i>Fresas (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	2 <i>Cereal Rice crispie (3/4 tz.)</i> <i>Fruta tropical (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>
6 <i>Cereal Corn Chex (3/4 tz.)</i> <i>Pure de manzana (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	7 <i>Pan tostado frances (35 gm.)</i> <i>Fruta mixta (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	8 <i>Pan con queso (.5 oz.)</i> <i>Naranjas (1/2 c/u)</i> <i>Leche (3/4 tz.)</i>	9 <i>Cereal Kix (3/4 tz.)</i> <i>Duraznos (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>
13 <i>Cereal Frosted mini wheats (3/4 tz.)</i> <i>Piña (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	14 <i>Avena (1/3 tz.)</i> <i>Duraznos (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	15 <i>Quesadillas (.5 oz.)</i> <i>Peras (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	16 <i>Cereal cornflakes (3/4 tz.)</i> <i>Fruta mixta (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>
20 <i>Cereal Cheerios (3/4 tz.)</i> <i>Fruta mixta (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	21 <i>Pan Waffles (17 gm.)</i> <i>Mandarinas (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	22 <i>Cereal Malt-O-Meal (1/3 tz.)</i> <i>Jugo de manzana (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	23 <i>Cereal Rice crispie (3/4 tz.)</i> <i>Fruta tropical (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>
27 <i>Cereal Corn Chex (3/4 tz.)</i> <i>Peras (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	28 <i>Pan tostado con canela (1/2 rebanada)</i> <i>Duraznos (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	29 <i>Pan Bagels (14 gm.)</i> <i>Jugo de manzana (1/2 tz.)</i> <i>Leche (3/4 tz.)</i>	30 <i>NO ESCUELA</i>

A collection of five autumn leaves, likely maple leaves, arranged in a circular pattern. The leaves display a variety of colors: two are bright yellow, one is green, one is a vibrant red, and one is a golden-orange. They are set against a plain white background.



NO ESCUELA

Octubre 2025

Menu de bocadillos



Lunes	Martes	Miércoles	Jueves
		1 Bagel (13 gm.) Queso crema queso Leche (1/2 tz.)	2 Trozo de manzana (1/2 c) Leche (1/2 tz.)
6 Sandwich de queso (1/2 oz.) Agua	7 Queso Cottage (1/4 c) Duraznos (1/2 c) Agua	8 Galletas graham crackers (14 gm.) Leche (1/2 tz.)	9 Trozos de Naranja (1/2 c) Leche (1/2 tz.)
13 Galletas goldfish (10 gm.) Leche (1/2 tz.)	14 Queso (1/2 oz.) Galletas Club (11 gm) Agua	15 Fresas (1/2 c) Pretzels duros (11 gm.) Agua	16 Tortilla Chips (14 gm) Salsa Jugo de manzana (1/2 c)
20 Brocoli (1/2 c) Aderezo Ranch Leche (1/2 tz.)	21 Galletas Cheese-It (11 gm.) Leche (1/2 tz.)	22 Yogurt de fresa (4 oz.) Platano (1/2c/1 each) Agua	23 Simply Chex (14 gm.) Leche (1/2 tz.)
27 Sandwich de pollo (1/2 oz.) Agua	28 Fruta mixta (1/2 c) Galletas saladas (11 gm) Agua	29 Pan/Mozz (1 each) Salsa marinara Agua	30 NO ESCUELA