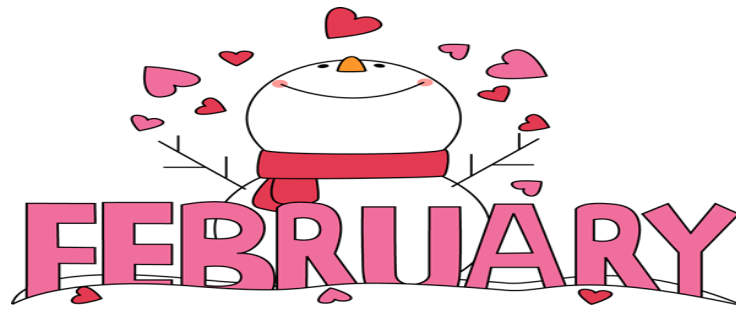




BREAKFAST



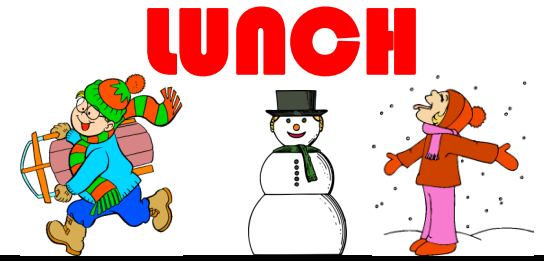
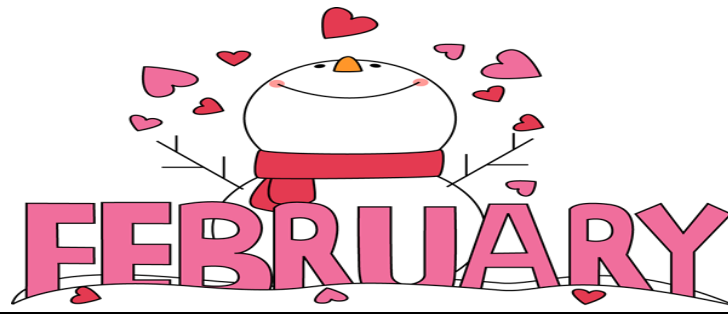
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2 Toasted Oats 1/2 c Peaches 1/2 c Skim Milk 3/4 c	3 Apple Cinnamon Oatmeal 1/4 c Orange Juice 1/2 c Skim Milk 3/4 c	4 Banana Bread Square 1 each Mandarin Oranges 1/2 c Skim Milk 3/4 c	5 Bagel 1 each Spiced Applesauce 1/2 c Skim Milk 3/4 c
9 Mini Wheats Cereal 3/4 c Pears 1/2 c Skim Milk 3/4 c	10 Yogurt 4 oz Mixed Fruit 1/2 c Skim Milk 3/4 c	11 Blueberry Baked Oatmeal 28 gm Apple Juice 1/2 c Skim Milk 3/4 c	12  NO SCHOOL
16 Corn Flakes Cereal 1/2 c Grape Juice 1/2 c Skim Milk 3/4 c	17 Peachy Breakfast Rice 1/2 c Mixed Fruit 1/2 c Skim Milk 3/4 c	18 Muffin 28 gm Pears 1/2 c Skim Milk 3/4 c	19 Parent / Teacher Conferences NO SCHOOL
23 Crisp Rice Cereal 3/4 c Mandarin Oranges 1/2 c Skim Milk 3/4 c	24 Pancake 28 gm / Syrup Applesauce 1/2 c Skim Milk 3/4 c	25 Banana Oatmeal 3/4 c Grape Juice 1/2 c Skim Milk 3/4 c	26 Bagel 28 gm Applesauce 1/2 c Skim Milk 3/4 c



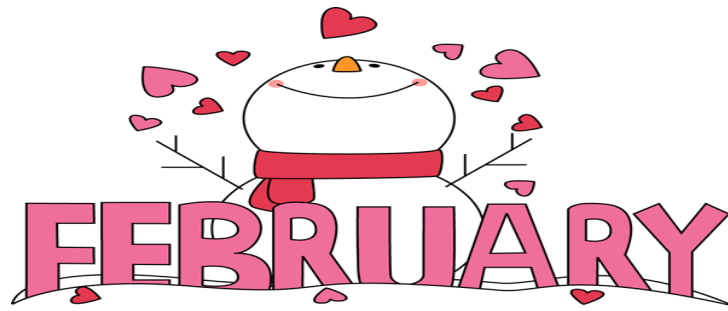
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2 Egg Patty 1 oz Biscuit & Gravy 1/2 oz Tator Tots 1/4 c Pears 1/4 c Skim Milk 3/4 c	3 Chicken Parmesan 1.5 oz Spaghetti 1/2 oz Corn 1/4 c Pineapple 1/4 c Skim Milk 3/4 c	4 Ham Cubes 1.5 oz Broccoli & Cauliflower Rice 1/4 c Applesauce 1/4 c Skim Milk 3/4 c	5 Turkey & Cheese Sandwich 1.5 oz Green Beans 1/4 c Peaches 1/4 c Skim Milk 3/4 c
9 Beef Patty Slider 1.5 a Corn 1/4 c Peaches 1/4 c Skim Milk 3/4 c	10 Beef & Broccoli 1.5 oz Rice 1/2 oz Mandarin Oranges 1/4 c Skim Milk 3/4 c	11 Beef & Bean Burrito 1.5 oz Corn & Peppers 1/4 c Pineapple 1/4 c Skim Milk 3/4 c	12  NO SCHOOL
16 Beef Spaghetti 1.5 oz Green Beans 1/4 c Pears 1/4 c Skim Milk 3/4 c	17 Beef Chili 1.5 oz Saltine Crackers 1/2 oz Pineapple 1/4 c Peas 1/4 c Skim Milk 3/4 c	18 Cheese Egg Patty 1.5 oz Roasted Potatoes 1/4 c Toast 1/2 oz Mandarin Oranges 1/4 c Skim Milk 3/4 c	19 <i>Parent / Teacher Conferences</i>  NO SCHOOL
23 Kashmiri Chickpea Bowl 1.5 oz Pineapple 1/2 c Skim Milk 3/4 c	24 Hot Turkey & Cheese Sandwich 1.5 oz Cucumber Slices 1/4 c Mixed Fruit 1/4 c Skim Milk 3/4 c	25 Orange Chicken 1.5 oz Noodles 1/2 c Asian Mixed Vegetables 1/4 c Mandarin Oranges 1/4 c Skim Milk 3/4 c	26 Buffalo Chicken Rice Dip 1.5 oz Tortilla Chips 1/2 oz Fresh Veggie Mix 1/4 c Pineapple 1/4 c Skim Milk 3/4 c



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2 <i>Cinnamon Toast 1/2</i> <i>Skim Milk 1/2 c</i>	3 <i>Scooby Snacks 14 gm</i> <i>Skim Milk 1/2 c</i>	4 <i>Hummus 1/2 z</i> <i>Carrots 1/2 c</i> <i>Water</i>	5 <i>String Cheese 1/2 oz</i> <i>Broccoli 1/2 c</i> <i>Water</i>
9 <i>Applesauce 1/2 c</i> <i>Club Crackers 1/2 oz</i> <i>Water</i>	10 <i>Boiled Egg 1 each</i> <i>Carrots 1/2 c</i> <i>Water</i>	11 <i>Banana 1 each</i> <i>Milk 1/2 c</i>	12  NO SCHOOL
16 <i>Carrots 1/2 c</i> <i>Cottage Cheese 1/4 c</i> <i>Water</i>	17 <i>Bug Bite Crackers 1/2 oz</i> <i>Skim Milk 1/2 c</i>	18 <i>Lettuce Salad 1/2 c</i> <i>Goldfish Crackers 14 gm</i> <i>Water</i>	19 <i>Parent / Teacher</i> <i>Conferences</i> NO SCHOOL
23 <i>Sun Butter Toast 1/2 oz</i> <i>Water</i>	24 <i>Scooby Snacks 14 gm</i> <i>Skim Milk 1/2 c</i>	25 <i>Watermelon Cucumber Salad 1/2 c</i> <i>Water</i>	26 <i>Muffin 1/2 oz</i> <i>Skim Milk 1/2 c</i>