



February 2026 Breakfast



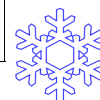
Monday

Tuesday

Wednesday

Thursday

2 Frosted mini wheats $\frac{3}{4}$ C. Pineapple $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	3 Pancakes 17 gm. Oranges $\frac{1}{2}$ each Skim Milk $\frac{3}{4}$ C.	4 Cheese rounds .5 oz. Apple juice $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	5 Cornflakes $\frac{3}{4}$ C. Pears $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.
9 Cheerios $\frac{3}{4}$ C. Pears $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	10 Cheese quesadillas .5 oz. Applesauce $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	11 Rice crispie cereal $\frac{3}{4}$ C. Peaches $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	12 NO SCHOOL
16 Corn chex cereal $\frac{3}{4}$ C. Peaches $\frac{1}{2}$ C. Skim milk $\frac{3}{4}$ C.	17 French toast 35 gm. Apple juice $\frac{1}{2}$ C. Skim milk $\frac{3}{4}$ C.	18 Kix cereal $\frac{3}{4}$ C. Pears $\frac{1}{2}$ C. Skim milk $\frac{3}{4}$ C.	19 NO SCHOOL
23 Honey Bunches of oats $\frac{3}{4}$ C. Pineapple $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	24 Waffles 17 gm. Oranges $\frac{1}{2}$ each Skim Milk $\frac{3}{4}$ C.	25 Oatmeal $\frac{1}{3}$ C. Pears $\frac{1}{2}$ C. Skim Milk $\frac{3}{4}$ C.	26 Frosted mini wheats $\frac{3}{4}$ C Peaches $\frac{1}{2}$ C. Skim milk $\frac{3}{4}$ C.





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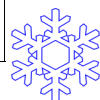
Monday

Tuesday

Wednesday

Thursday

2	3	4	5
Spaghetti /meat sauce 1.5 oz. Green beans ¼ C. Pears ¼ C. Skim Milk ¾ C.	Chicken and noodles 1.5 oz. Carrots ¼ C. Peaches ¼ C. Skim Milk ¾ C.	Vegetable beef soup 1.5 oz. Tropical fruit ¼ C. Saltine crackers 11 gm. Skim Milk ¾ C.	Macaroni & cheese/tuna 1.5 oz. Peas ¼ C. Mango chunks ¼ C. Skim Milk ¾ C.
9	10	11	12
Turkey 1.5 oz. Mashed potatoes ¼ C. Oranges ½ each Bread ½ slice Skim Milk ¾ C.	Chicken nuggets 1.5 oz. French fries ¼ C. Blueberries ¼ C. Skim Milk ¾ C.	Lasagna casserole 1.5 oz. Peas ¼ C. Mixed fruit ¼ C. Skim Milk ¾ C.	NO SCHOOL
16	17	18	19
Chicken enchiladas 1.5 oz. Lettuce salad ¼ C. Pears ¼ C. Skim milk ¾ C.	Eggs 1.5 oz. Carrots ¼ C. Strawberries ¼ C. Bread ½ slice Skim milk ¾ C.	Breaded mozzarella cheese 1.5 oz. Spinach salad ¼ C. Applesauce ¼ C. Skim milk ¾ C.	NO SCHOOL
23	24	25	26
Hamburgers / buns 1.5 oz. French fries ¼ C. Pears ¼ C. Skim Milk ¾ C.	Sloppy Joe / bun 1.5 oz. Spinach salad ¼ C. Mandarin oranges ¼ C. Skim milk ¾ C.	Chicken fajitas / tortillas 1.5 oz. Mixed vegetables ¼ C. Applesauce ¼ C. Skim Milk ¾ C.	Taco bake 1.5 oz. Corn ¼ C. Tropical fruit ¼ C. Skim milk ¾ C.





February 2026 Snack



Monday

Tuesday

Wednesday

Thursday

2 Animal Crackers 11 gm Applesauce ½ C. Water	3 Hard Cooked Egg 1 each Saltine Crackers 11gm Water	4 Cauliflower ½ C. Ranch Dressing Skim Milk ½ C.	5 Almond Butter TBSP Celery ½ C. Water
9 Banana ½ C./1 each Yogurt 4 oz. Water	10 Baby Carrots ½ C. Ranch Dressing Skim Milk ½ C.	11 Bagel 13 gm Cream Cheese Skim Milk ½ C.	12 NO SCHOOL
16 Cheese Sandwich ½ each Water	17 Cottage Cheese ¼ C. Peaches ½ C. Skim Milk ½ C.	18 Bug Bite Crackers 14 gm. Skim Milk ½ C.	19 NO SCHOOL
23 Goldfish Crackers 10 gm. Skim Milk ½ C.	24 String Cheese ½ oz. Club Cracker 11 gm Water	25 Strawberries ½ C. Hard Pretzels 11 gm. Skim Milk ½ C.	26 Tortilla Chips 14 gm. Salsa Apple Juice ½ C.

