November 2026 Breakfast

Monday	Tuesday	Wednesday	Thursday
2 *Frosted Mini Wheats (3/4 cup)* *Pineapple (1/2 cup)* *Milk (3/4 cup)*	*3* *French Toast (35 gm.)* *Pears (1/2 cup)* *Milk (3/4 cup)*	*4* *Cheese Quesadillas (.5 oz.)* *Oranges (1/2 each)* *Milk (3/4 cup)*	*5* *NO SCHOOL*
9 *Cheerios (3/4 cup)* *Bananas (1/2 cup)* *Milk (3/4 cup)*	*10* *Cinnamon Toast (1/2 slice)* *Pears (1/2 cup)* *Milk (3/4 cup)*	*11* *Cheese Rounds (.5 oz.)* *Pineapple (1/2 cup)* *Milk (3/4 cup)*	*12* *Bagels (14 gm.)* *Tropical Fruit (1/2 cup)* *Milk (3/4 cup)*
16 *Cornflakes Cereal (3/4 cup)* *Peaches (1/2 cup)* *Milk (3/4 cup)*	*17* *Oatmeal (3/4 cup)* *Grape Juice (1/2 cup)* *Milk (3/4 cup)*	*18* *Waffles (17 gm.)* *Mandarin Oranges (1/2 cup)* *Milk (3/4 cup)*	*19* *Sunflower butter toast (1 TBS/1 slice)* *Pears (1/2 cup)* *Milk (3/4 cup)*
23 *Frosted Mini Wheats (3/4 cup)* *Pineapple (1/2 cup)* *Milk (3/4 cup)*	*24* *Muffins (28 gm.)* *Pears (1/2 cup)* *Milk (3/4 cup)*	*25* *NO SCHOOL*	*26* *NO SCHOOL*
30 *Corn Chex Cereal (3/4 cup)* *Applesauce (1/2 cup)* *Milk (3/4 cup)*			

November 2026 Lunch

Monday	Tuesday	Wednesday	Thursday
2 *Chicken Patties (1.5 oz.)* *Tater Tots (1/4 cup)* *Peaches (1/4 cup) Bread (1/2)* *Milk (3/4 cup)*	*3* *Spaghetti/Meat Sauce (1.5 oz.)* *Green Beans (1/4 cup)* *Applesauce (1/4 cup)* *Milk (3/4 cup)*	*4* *Chicken Fajitas/Tortillas (1.5 oz.)* *Mixed Vegetables (1/4 cup)* *Blueberries (1/4 cup)* *Milk (3/4 cup)*	*5* *NO SCHOOL*
9 *Hamburgers/Buns (1.5 oz.)* *French Fries (1/4 cup)* *Oranges (1/2 each)* *Milk (3/4 cup)*	*10* *Chicken & Noodles (1.5 oz.)* *Carrots (1/4 cup)* *Mixed Fruit (1/4 cup)* *Milk (3/4 cup)*	*11* *Hamburger pizza (1.5 oz.)* *Spinach Salad (1/4 cup)* *Applesauce (1/4 cup)* *Milk (3/4 cup)*	*12* *Chili Soup (1.5 oz.)* *Peaches (1/4 cup)* *Saltine Crackers (11 gm.)* *Milk (3/4 cup)*
16 *Chicken Nuggets (1.5 oz.)* *French Fries (1/4 cup)* *Oranges (1/2 each)* *Milk (3/4 cup)*	*17* *Eggs (1.5 oz.)* *Carrots (1/4 cup)* *Mixed Fruit (1/4 cup) Bread (1/2)* *Milk (3/4 cup)*	*18* *Lasagna Casserole (1.5 oz.)* *Peas (1/4 cup)* *Pineapple (1/4 cup)* *Milk (3/4 cup)*	*19* *Turkey (1.5 oz.)* *Mashed Potatoes (1/4 cup)* *Applesauce (1/4 cup) Bread (1/2)* *Milk (3/4 cup)*
23 *Nachos/Meat/Cheese (1.5 oz.)* *Mixed Vegetables (1/4 cup)* *Peaches (1/4 cup)* *Milk (3/4 cup)*	*24* *Spanish Rice & Beef (1.5 oz.)* *Peas (1/4 cup)* *Mandarin Oranges (1/4 cup)* *Milk (3/4 cup)*	*25* *NO SCHOOL*	*26* *NO SCHOOL*
30 *Turkey Sandwich (1.5 oz.)* *Carrots (1/4 cup)* *Pears (1/4 cup)* *Milk (3/4 cup)*			

November 2026 Snack

Monday	Tuesday	Wednesday	Thursday
2 *Pan bagel (1/2 oz.* *Marinara* *Apple Juice (1/2 cup)*	*3* *Tortilla Chips (1/2 oz.)* *Refried Beans (1/4 cup)*	*4* *Banana (1 each)* *Bug Bite Crackers (1/2 oz.)*	*5* *NO SCHOOL*
9 *Turkey Rollup (1/2 oz. meat)* *Apple Slices (1/2 cup)*	*10* *Yogurt Cup (4 oz.)* *Grape Juice (1/2 cup)*	*11* *Hard Boiled Eggs (1 each)* *Club Crackers (1/2 oz.)*	*12* *English Muffin (1/2 oz.)* *Applesauce (1/2 cup)*
16 *Soft Pretzel (1 each)* *Marinara* *Baby Carrots (1/2 cup)*	*17* *String Cheese (1 oz.)* *Apple Slices (1/2 cup)*	*18* *Yogurt Cup (4 oz.)* *Cinnamon Crisps (1/2 oz.)*	*19* *Spinach Salad w/ Dressing* *Goldfish Crackers (1/2 oz.)*
23 *Turkey Roll-ups (1/2 oz meat)* *Celery Sticks (1/2 cup)* *Cream Cheese*	*24* *Carrots (1/2 cup)* *Sunbutter (1 TBL)*	*25* *NO SCHOOL*	*26* *NO SCHOOL*
30 *Cucumbers (1/2 cup)* *Hummus* *Milk (1/2 cup)*			