



October 2026 BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

			¹ NO SCHOOL 
⁵ Muffin 1 each Mandarin Oranges 1/2 c Milk 3/4 c	⁶ Oatmeal 3/4 c Banana 1/2 c Milk 3/4 c	⁷ Pancake 1/2 oz Pears 1/2 c Milk 3/4 c	⁸ Sausage English Muffin 1/2 oz Applesauce 1/2 c Milk 3/4 c
¹² Toasted Oats 1/2 c Pears 1/2 c Milk 3/4 c	¹³ Cottage Cheese 1/2 oz Peaches 1/2 c Milk 3/4 c	¹⁴ Biscuit 1/2 oz Apples 1/2 c Milk 3/4 c	¹⁵ Pancake 1/4 c Mixed Fruit 1/2 c Milk 3/4 c
¹⁹ Muffin 1/2 oz Pears 1/2 c Milk 3/4 c	²⁰ Egg Patty 1/2 oz Pineapple 1/2 c Milk 3/4 c	²¹ Tortilla w/Beans 1.5 oz Mandarin Oranges 1/2 c Milk 3/4 c	²² Corn Flake Cereal 1/2 c Peaches 1/2 c Milk 3/4 c
²⁶ Muffin 1 each Pineapple 1/2 c Milk 3/4 c	²⁷ Biscuit w/Gravy 1/2 oz Pineapple 1/4 c Milk 3/4 c	²⁸ French Toast 1/2 oz Applesauce 1/2 c Milk 3/4 c	²⁹ Cinnamon Oatmeal 3/4 c Peaches 1/2 c Milk 3/4 c



October 2026 LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

			¹ NO SCHOOL 
⁵ Cheese Egg Patty 1.5 oz Biscuit 1 each Tator Tots 1/4 c Peppers 1/4 c Milk 3/4 c	⁶ Sweet and Sour Chicken 1.5 oz Asian Veggies 1/4 c Rice 1/2 oz Pineapple 1/4 c Milk 3/4 c	⁷ Beef Spaghetti 1.5 oz Corn 1/4 c Mandarin Oranges 1/4 c Milk 3/4 c	⁸ Meatloaf Patty 1.5 oz Bread w/Margarine 1 slice Peas 1/4 c Peaches 1/4 c Milk 3/4 c
¹² Fish Sticks 1.5 oz Green Beans 1/4 c Peaches 1/4 c Milk 3/4 c	¹³ Chicken Posole 1.5 oz Tortilla Chips 1/2 oz Pineapple 1/4 c Milk 3/4 c	¹⁴ Sloppy Joe w/Bun 1.5 oz Corn 1/4 c Mandarin Oranges 1/4 c Milk 3/4 c	¹⁵ Chicken Tortilla Wrap 1.5 oz Sweet Potatoes 1/4 c Pineapple 1/4 c Milk 3/4 c
¹⁹ Beef & Lentil Tacos 1/5 oz Chili Potatoes 1/4 c Mandarin Oranges 1/4 c Milk 3/4 c	²⁰ Tuna Melt 1.5 oz French Fries 1/4 c Mixed Fruit 1/4 c Milk 3/4 c	²¹ Breaded Pork 1.5 oz Zucchini & Corn 1/4 c Applesauce 1/4 c Milk 3/4 c	²² Chicken 1.5 oz Rice 1/2 oz Peas 1/4 c Pears 1/4 c Milk 3/4 c
²⁶ Beef & Potatoes 1.5 oz Tortilla 1/2 oz Pears 1/4 c Milk 3/4 c	²⁷ Teriyaki Chicken 1.5 oz Rice 1/2 oz Carrots 1/4 c Peaches 1/4 c Milk 3/4 c	²⁸ Ham & Egg Tortillas 1.5 oz Tator Tots 1/4 c Mandarin Oranges 1/4 c Milk 3/4 c	²⁹ Lasagna Soup 1.5 oz Breadstick 1 each Mixed Fruit 1/4 c Milk 3/4 c



October 2026 SNACK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

			¹ NO SCHOOL 
⁵ Soft Pretzel 1 each w/Marinara Baby Carrots 1/2 c Water	⁶ String Cheese 1 oz Apple Slices 1/2 c Water	⁷ Yogurt Cup 4 oz Cinnamon Crisps 1/2 oz Water	⁸ Spinach Salad w/Dressing 1/2 oz Goldfish Crackers 1/2 oz
¹² Carrots 1/2 Sunbutter Milk 1/2 c	¹³ Sliced Pears 1/2 c Cheese Stick 1 oz Water	¹⁴ Hard Cooked Egg 1 each Cheez-It-Crackers 1/2 oz	¹⁵ Cucumbers 1/2 c W/Hummus Milk 1/2 c
¹⁹ Orange Wedges 1/2 c Scooby Snacks 1/2 oz Water	²⁰ Toast Sticks 1/2 oz Tomatoes 1/2 c Water	²¹ Broccoli Salad 1/2 c Club Crackers 1/2 oz Water	²² String Cheese 1/2 oz Raisins 1/4 c Water
²⁶ Italian Bagel w/Marinara 1 each Apple Juice 1/2 c	²⁷ Tortilla Chips 1/2 oz Refried Beans 1/4 c Water	²⁸ Banana 1 each Bug Bite Crackers 1/2 oz Water	²⁹ Bell Pepper Strips 1/2 c w/French Dressing Cheez-It-Crackers 1/2 oz Water